



# Aikido West Dojo Welcomes in the New Year



**T**here is a tradition at Aikido West Dojo... as the clock strikes midnight- signaling the new year - at that very moment we are on the mat training.

**I**f you have not had the opportunity to join us in the past, ... we invite you to participate as we welcome in the year 2013,



**T**raining begins Monday evening Dec 31, 2012 at 11:30 pm and ends Tuesday morning January 1, 2013 at 12:30 am.

**D**uring this "magic hour" we will have a spirited training session - setting the tone for the great year we anticipate in 2013.

**F**ollowing the training we will share a toast to the new year. (Party!!!)

Doran Sensei will lead the practice

**Aikido West**

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