

Friedl Sensei's Division-Two  
Semi-Annual Training  
Join us in celebrating friendship ...

Sensei

**Frank  
Doran**

8th Dan

Aikido West  
Redwood City, CA

Sensei

**Cynthia  
Hayashi**

7th Dan

Aikido West  
Redwood City, CA

**Saturday August 25, 2018**

**Location:** Aikido West Dojo  
3164 Bay Road  
Redwood City, CA 94061  
(650)366-9106

**Time:** 10:00 am -12:00 pm  
2:30 pm - 4:30 pm

**Fee:** Full Day: \$40  
Half Day: \$25  
Spectators: \$ 8